

**artichoke**

**asparagus**

**avocado**

**green beans**

**beetroot**

**broccoli**

**brussel sprouts**

**cabbage**

**carrots**

**cauliflower**

**celery**

**coconut**

**corn**

**cucumber**

**eggplant**

**kale**

**leek**

**lettuce**

**mushroom**

**onion**

**parsnip**

**potato**

**sweet potato**

**pumpkin**

**radish**

**rhubarb**

**spinach**

**peas**

**tomato**

**turnip**