

The Grand Old Duke of York

The grand old duke of York	<i>(March on the spot)</i>
He had 10,000 men	
He marched them up to the top of the hill	<i>(Keep marching and stretch up tall)</i>
And he marched them down again.	<i>(Keep marching and squat down low)</i>
And when they were up they were up,	<i>(Gradually get taller again, until on tiptoe)</i>
And when they were down they were down,	<i>(Keep marching and squat down low)</i>
And when they were only half way up,	<i>(March crouched over)</i>
They were neither up nor down.	<i>(When you say 'up' raise your arms over your head, then squat down low when you say 'down')</i>
He marched them all to the left,	<i>(March to the left)</i>
Then he marched them all to the right,	<i>(March to the right)</i>
He marched them round, and round, and round,	<i>(March around in a circle)</i>
Then he marched them out of sight!	<i>(Cover your eyes with your hands)</i>



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