

Packing for hospital- what to take for your newborn

 □ Disposable nappies, cloth nappies or both □ If you choose cloth nappies you'll need safety pins or a nappy fastening device □ A soft cloth or cotton balls for cleaning baby's bottom when you're changing n □ Zinc oxide cream or petroleum jelly- in case nappy rash develops in the first fee Bottle feeding supplies (if applicable) □ A tin of infant formula which is suitable for feeding babies from birth. □ Two bottles □ Two teats □ One plastic knife for mixing the formula with the water Clothing for baby to wear in hospital □ Clothes that are not too hot and not too cold □ Singlets □ Jumpsuits or sleepers □ Blankets or shawls appropriate for the weather □ A special outfit for baby's first photos Things for going home □ A going home outfit which should include: ○ Jumpsuit ○ Singlet 	
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