

## Heads, shoulders, knees and toes

Heads and shoulders,  
knees and toes, knees and  
toes, knees and toes.

*(With your index fingers point to your head, then your shoulders, then your knees, then your toes, then point to your knees and toes again twice as you say 'knees and toes')*

Heads and shoulders,  
knees and toes, knees and  
toes, knees and toes.

*With your index fingers point to your head, then your shoulders, then your knees, then your toes, then point to your knees and toes again twice as you 'knees and toes')*

We all clap hands together. *(Clap hands loudly)*

Eyes and ears, mouth and  
nose, mouth and nose,  
mouth and nose.

*With your index fingers point to your eyes, then your ears, then your mouth, then your nose, then point to your mouth and nose again twice as you say 'mouth and nose')*

Eyes and ears, mouth and  
nose, mouth and nose,  
mouth and nose.

*With your index fingers point to your eyes, then your ears, then your mouth, then your nose, then point to your mouth and nose again twice as you say 'mouth and nose')*

We all clap hands together! *(Clap hands loudly)*



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